

ISRAEL EXPERIENCE 2026

GP MEDICAL FORM

There are three ways to complete the GP Medical Form:

- ☐ ZoomDoc at a discounted price for UJIA Israel Experience Tours of £50.
- ☐ JDoc365 at a discounted price for UJIA Israel Experience Tours of £50.
- ☐ Directly through your local GP, usually £30-50.

Your Youth Movement or Organisation will not process your Application until they have received your GP Form.

REMINDER: Once the GP Form has been completed, stamped and signed by JDoc365, ZoomDoc or your GP, please upload it to the Full Application form or on the 'Document Upload Form'.

If you are unable to do so, please either email or post it to your Youth Movement/Organisation directly as soon as it has been completed, with the name of the Applicant clearly marked for reference. If the online upload is not clear enough for us to read, we will be in touch to ask for another copy or the original via post so please retain the original for your records. If you do not retain the original and we require an additional copy, then a new Form will need to be completed again at the further expense of the Parent/Guardian.

PLEASE SEE THE PAGES BELOW FOR SPECIFIC GUIDANCE ON EACH OF THE GP FORM SIGNING OPTIONS.



THROUGH ZOOMDOC (ONLINE/VIDEO SYSTEM)

1. Contact your NHS GP and get the applicant's Summary Care Record (SCR), normally 2-3 pages, which includes medical and vaccination records, especially the DTP – Tetanus injection at age 14 .
 - ZoomDoc is an online service. No appointment is needed – simply apply online.
 - Their registered GPs will provide a same-day medical certificate that will confirm that your child is in good health and has no conditions that should prevent the trip.
 - If the DTP is not recorded on the NHS records, then this might have been administered at school so request the record from your school.
2. Purchase a ZoomDoc medical certificate by clicking here: [Youth Camp or Trip Medical Certificate](#)
3. Following the purchase of your medical certificate you will be sent a link to upload medical evidence by completing a short online form and submitting a 30-second to 1-minute video explaining why you require this certificate and confirming that your child is fit and well. You will also be asked to upload your child's digital Summary Health Record, which details current and past medical health conditions, medications, and immunisations. This can be accessed on request from your child's GP surgery.
4. Your evidence is then reviewed by ZoomDoc doctors, prior to issuing your child's medical certificate. If the doctors have any further questions, they may give you a quick call.
5. Post validation ZoomDoc GPs will complete and countersign the UJIA Israel Tour GP Medical form. It will then be uploaded to the portal. This form **must** then be uploaded to your Israel Tour application form.



THROUGH JDOC365 (TELEPHONE CALL SYSTEM)

1. Contact your NHS GP and get the applicant's Summary Care Record (SCR) which includes medical and vaccination records, especially the DTP – Tetanus injection at age 14 .
 - JDoc365 cannot book in the telephone consultation without this so obtain before attempting a booking.
 - If the DTP is not recorded on the NHS records then this might have been administered at school so request the record from your school.
2. Book in a telephone consultation with JDoc365 on 020 3656 5657 or Whatsapp on 07495013435. You will be asked to email the medical records to reception@jdoc365.co.uk
3. **YOU MUST HAVE 'UJIA ISRAEL EXPERIENCE' IN THE SUBJECT OF THE EMAIL** or you will be charged the usual signup fee which is significantly more expensive than what Israel Tour Applicants are being charged. Please include the Applicant's name, date of birth, Parent/Guardian contact number, and email address along with their full medical history printout that should be obtained from the GP Surgery.
4. A health professional will call and go through the records with, ideally both, the parent/guardian and the applicant. If there are concerns raised in this consultation and screening process, there may be requirements for a second call with the JDoc365 Medical Director Dr. Abelman. This will be at no further cost.
5. On satisfactory completion of the telephone consultation and screening process payment will be taken from the card provided.
6. Once payment has been taken the GP form will be emailed in an encrypted format to be signed by you and uploaded to your Israel Tour application form.

Please note that any concerns raised through the telephone consultation may be discussed with UJIA Israel Experience in a confidential manner. At all times strict GDPR policy is applied.

DIRECTLY THROUGH YOUR LOCAL GP, USUALLY £30-50.

Take the form to your GP to be completed and signed. On completion of the form, sign it yourself where indicated, and submit it on the Full Application Form or on the Document Upload Form.